

英语名言警句—逆境篇

Adversity reveals genius; fortune conceals it. (Horace, ancient Roman poet)

苦难显才华，好运隐天资。（古罗马诗人 贺拉斯）

**Almost any situation---good or bad ---is affected by the attitude we bring to.
(Lucius Annaus Seneca, Ancient Roman philosopher)**

差不多任何一种处境——无论是好是坏——都受到我们对待处境的态度的影响。（古罗马哲学家 西尼加 LA）

**Although the world is full of suffering, it is full also of the overcoming of it.
(Helen Keller, American writer)**

虽然世界多苦难，但是苦难总是能战胜的（美国作家 海伦·凯勒）

As fruit needs not only sunshine but cold nights and chilling showers to ripen it, so character needs not only joy but trial and difficulty to mellow it. (Hugh Black, American writer)

水果不仅需要阳光，也需要凉夜。寒冷的雨水能使其成熟。人的性格陶冶不仅需要欢乐，也需要考验和困难。（美国作家 布莱克 H）

Everything can be taken from a man but one thing; the freedom to choose his attitude in any given set of circumstances. (Leonhard Frand , German novelist)

我可以拿走人的任何东西，但有一样东西不行，这就是在特定环境下选择自己的生活态度的自由。（德国小说家 弗兰克 L）

Every tragedy makes heroes of common people. (Normna Stephens, American writer)

每场悲剧都会在平凡的人中造就出英雄来。（美国作家 斯蒂芬斯 N）

He, who allows himself to be insulted, deserves to be. (F.C.Comford, British writer)

自己甘愿受辱的人，受污辱也活该。（英国作家 科福德 F C）

**I find life an exciting business and most exciting when it is lived for others.
(Helen Keller, American writer)**

我发现生活是令人激动的事情，尤其是为别人活着时。（美国作家 海伦·凯勒）

I wept when I was born, and every day shows why. (Jack London, American novelist)

我一生下来就开始哭泣，而每一天都表明我哭泣的原因。（美国小说家 杰克·伦敦）

In this world there is always danger for those who are afraid of it. (George Bernard Shaw, British dramatist)

对于害怕危险的人，这个世界上总是危险的。（英国剧作家 肖伯纳 G）

It is not true suffering ennobles the character; happiness does that sometimes, but suffering, for the most part, makes men petty and vindictive. (William Somerset Maugham, British novelist)

说苦难能使人格得到升华，这是不确切的；幸福有时倒能做到这一点，而苦难常会使人心胸狭窄，产生复仇的心理。（英国小说家 毛姆 WS）

Let us suggest to the person in crisis that he cease concentrating so upon the dangers involved and the difficulties, and concentrate instead upon the opportunity—for there is always opportunity in crisis. (Seeborn Caroline, British physician)

让我们建议处在危机之中的人：不要把精力如此集中地放在所涉入的危险和困难上，相反而要集中在机会上——因为危机中总是存在着机会。（英国医生 卡罗琳 S）

Light troubles speak; great troubles keep silent. (Lucius Annaeus Seneca, Ancient Roman Philosopher)

小困难，大声叫嚷；大困难，闷声不响。（古罗马哲学家 尼加 LA）

Mishaps are like knives that either serve us or cut us as we grasp them by the handle or blade. (James Russell Lowell, American poetess and critic)

灾难就像刀子，握住刀柄就可以为我们服务，拿住刀刃则会割破手。（美国女诗人、批评家 洛威尔 JR）

No one can degrade us except ourselves; that if we are worthy, no influence can defeat us. (B.T.Washington, American educator)

除了我们自己以外，没有人能贬低我们。如果我们坚强，就没有什么不良影响能够打败我们。（美国教育家 华盛顿 BT）

No pain, no palm; no thorns, no throne; no gall, no glory; no cross, no crown. (William Penn, British admiral)

没有播种，何来收获；没有辛劳，何来成功；没有磨难，何来荣耀；没有挫折，何来辉煌。（英国海军上将 佩恩 W）

Optimists always picture themselves accomplishing their goals. (Lucius Annaeus Seneca, Ancient Roman philosopher)

乐观主义者总是想象自己实现了目标的情景。（古罗马哲学家 西尼加 LA）

Perhaps you can't control your job, but you may be able to make other changes in your life. (Alan Loy McGinnis, British writer)

或许你不能支配自己的工作，但你能够使生活发生转变。（英国作家 麦金尼斯 AL）

Prosperity doth best discover vice, but adversity doth discover virtue.

顺境时显现恶习，逆境时凸现美德

Rejoicing in hope, patient in tribulation. (John Kennedy, American president)

从希望中得到欢乐，在苦难中保持坚韧。（美国总统 肯尼迪 J）

Sweet are the uses of adversity. (William Shakespeare, British Playwriter)

苦尽甘来。（英国剧作家 莎士比亚 W）

The Chinese word for crisis is divided into two characters, one meaning danger and the other meaning opportunity. (Burejer, British writer)

中文的“危机”分为两个字，一个意味着危险，另外一个意味着机会。（英国作家 布瑞杰）

The misfortunes hardest to bear are those which never come. (James Russell Lowell, American Poetess and critic)

最难忍受的不幸是那些从未来临的不幸。（美国女诗人、评论家 洛威尔 JR）

The more you fight something, the more anxious you become ---the more you're involved in a bad pattern, the more difficult it is to escape. (Seebohm Caroline, British Physician)

你越是为了解决问题而拼斗，你就越变得急躁——在错误的思路中陷得越深，也越难摆脱痛苦。（英国医生 卡罗琳 S）

The tragedy of life is not so much what men suffer, but what they miss. (Thomas Carlyle, British essayist and historian)

生活的悲剧不在于人们受到多少苦，而在于人们错过了什么。（英国散文家、历史学家 卡莱尔 T）

The very remembrance of my former misfortune proves a new one to me. (Miguel de Cervantes, Spanish writer)

对于过去不幸的记忆，构成了新不幸。（西班牙作家 塞万提斯 M）

Tough--minded optimists approach problems with a can-do philosophy and emerge stronger from tragedies. (Lucius Annaeus Seneca, Ancient Roman Philosopher)

意志坚强的乐观主义者用“世上无难事”人生观来思考问题，越是遭受悲剧打击，越是表现得坚强。（古罗马哲学家 西尼加 LA）

Trouble is only opportunity in work clothes. (H.J.Kaier, American businessman)

困难只是穿上工作服的机遇。（美国实业家 凯泽 H J）

We have all sufficient strength to endure the misfortunes of others. (La Rochefoucauld, French writer)

我们都有足够的力量来忍受别人的不幸。（法国作家 拉罗什富科）

We shall defend ourselves to the last breath of man and beast. (William II, King of England)

只要一息尚存，我们就要为保卫自己而战。（英国皇帝 威廉二世）